

4 daily

NEW DOG OWNER CARE GUIDE

Simple habits that support everyday well-being



1

FEEDING YOUR DOG

Proper nutrition plays a vital role in your dog's overall health and wellbeing. Providing a balanced diet appropriate to your dog's age, size, and activity level will support healthy growth, maintain energy levels, and reduce the risk of future health problems. Fresh drinking water should always be available, and feeding routines should remain consistent. It is also important to remember that many human foods can be harmful to dogs, including chocolate, grapes, onions, and foods containing artificial sweeteners.

2

EXERCISE AND MENTAL STIMULATION

Regular exercise is essential for both the physical and mental wellbeing of your dog. Daily walks, play sessions, and interactive activities help maintain a healthy weight while preventing boredom and behavioural issues. Every dog has different exercise requirements depending on breed, age, and temperament. In addition to physical activity, mental stimulation through training, puzzle toys, and social interaction helps keep dogs engaged and confident.



3

YOUR FIRST VETERINARY VISIT

One of the most important steps after bringing home a dog is scheduling a veterinary appointment. A veterinarian can assess your dog's health, discuss vaccination requirements, recommend preventative treatments, and answer any questions you may have about nutrition or behaviour. Establishing a relationship with a trusted veterinary clinic early on helps ensure your dog receives professional care throughout every stage of life.

4

GROOMING AND HYGIENE

Routine grooming contributes significantly to your dog's comfort and health. Regular brushing helps remove loose fur, prevents matting, and provides an opportunity to check for any skin concerns. Dental care, nail trimming, and ear cleaning should also be included in your dog's care routine. Grooming needs vary between breeds, but maintaining good hygiene helps prevent many common health issues.

